

Care in Scotland it's life changing work

Laurie Millen, Assistant Support Worker

"The part that motivates me is the self achievement that you get seeing the service users happy and able to live their life through the help of staff."

Laurie previously worked as a volunteer at the Royal Victoria hospital and this helped her choose her career with Gowrie Care.

What type of service do you work in?

I work in a supported accommodation where there are three service users who are all wheelchair users with learning difficulties. I undertake personal care, finance and giving the individuals an independent life.

Have you always worked in social services?

No, I worked in a pub while I was still at school.

What made you choose the career you have now?

My mum and gran are carers and I used to volunteer in the Royal Victoria Hospital so this experience made me want to get into care.

Can you tell us more about your job?

I am an assistant support worker. I help the service users to live an independent life and support them to do tasks they can't carry out.

I'm a co keyworker and I help the keyworker to make support plans and risk assessments for the service user's file to make sure they can live their life to the best of their ability. Can you give an I am working on the newsletter for my project. I example of have been taking pictures of the service users something that you doing things they enjoy and the events they are working on at have been to recently to show everyone that it the moment? can be done and they have fun. What qualifications Willing to work towards an SVQ 2. do you need for this iob? Who else is in your Support workers, assistant support workers, team? assistant managers and line managers. Do you work with Yes. Doctors, care managers, day centre staff other professionals and health professionals. in other sectors eq health, teaching, iustice? What part of your The part that motivates me is the self job motivates you achievement that you get seeing the service and why? users happy and able to live their life through the help of staff. What are the best The best bits are getting to take the service bits about your job? users to do new things. You get to see the service users expand in their knowledge and do things they never thought they could. What are the Supporting individuals with end of life care can challenges, good and be good and not so good because you are supporting that individual to be as comfortable not so good that you face in your job? as possible.



In what way is your career in social services rewarding?

It's rewarding because you are changing someone's life for the better.

Can you explain the skills and qualities you think are needed to do the role you're doing?

The key skills and qualities that I think you need are patience and understanding.

Has your job opened up new learning and development for you?

My job has opened so many learning and development opportunities for me as I have done my SVQ 2 and I have been on so much training. I have learned how to speak Makaton to service users who have communication difficulties.

How do you see your carer progressing?

I would like to progress to be a support worker and further my knowledge.

What would you say to someone thinking about a career in social services?

I would say that a career in social services is a rewarding job and fun.

Is a career in care the career for you?

Try our interactive resource, **A question of care: a career for you** to see what a career in care is like. At the end you'll receive a detailed personal profile that tells you if you've got what it takes to join us!

You can hear from people already working in social care, early years or social work as they talk about why they love their job and what a difference they make to someone's life. And find out about the many different types of jobs and areas you can work in.

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