

Promoting Excellence in Dementia Care

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Welcome

NHS Education for Scotland (NES) and the Scottish Social Services Council (SSSC) are working in partnership to support the delivery of the educational actions outlined in Scotland's National Dementia Strategy.

This work is centred on supporting improvements in staff skills and knowledge in both health and social services settings to enable them to provide even more effective and appropriate care and support services for people with dementia, their families and carers.

Welcome to our fifth newsletter, keeping you up to date with developments which, with your help, are having a positive impact on;

- the lives and experiences of people with dementia, their families and carers; and
- the staff providing care and support

This issue highlights the plan to support staff over the next three years.



Promoting Excellence - The next three years

Scotland's second Dementia Strategy was launched by Alex Neil, Cabinet Secretary for Health and Wellbeing on 3 June 2013.







Ann Pascoe, member of the National Dementia Carers Action Network; Alex Neil, Cabinet Secretary for Health and Wellbeing; Peter McLaughlin, co Vice Chair of the Scottish Dementia Working Group at the Launch of the New Strategy.

The strategy spans 2013-16 and builds on the achievements of the 1st strategy. Seventeen commitments are outlined, including a commitment to continue to improve staff skills and knowledge by taking forward a second Promoting Excellence training plan across the period of the strategy.

NES & SSSC's vision for this work is that the health and social services workforce has the knowledge and skills to support people with dementia, their families and carers to maximise their rights, choices, to health and wellbeing at all stages of their unique dementia journey.

In support of this vision, all activities we take forward over the next three years will:

-  Reflect rights based, asset based, evidence based and personal outcomes focused approaches to improving the care, treatment, support and quality of life for people with dementia and their families and carers, at all stages of their dementia journey;
-  Be designed and implemented in a way that supports delivery of the Dementia Standards and Quality of Life Outcome Indicators set out in Promoting Excellence;
-  Adopt a co-production approach by actively and meaningfully involving people with dementia and their families and carers, through continued engagement and involvement with the Scottish Dementia Working Group and National Dementia Carers Action Group;
-  Maximise the potential to support the significant cultural change required in dementia care, support and services by synergising our activities with other key change actions and improvement programmes
-  Be designed in a way that is sensitive to the current fiscal and service redesign climate and how this impacts on issues of access to education and training for the health and social services workforce;
-  Support the integration agenda for health and social care by taking forward education and training in a way that encourages shared learning, and service development and improvement across the health and social services sectors;
-  Maximise the potential for taking forward specific activities in partnership with other key agencies including: Alzheimer Scotland; NHS Health Scotland; Health Care Improvement Scotland; NHS 24; the Joint Improvement Team; the Care Inspectorate; IRISS, and wider educational providers including the University and College sectors;
-  Synergise NES/SSSC activities both internally and externally with wider work streams and initiatives including leadership, self directed support and the carers strategy;
-  Contribute, alongside other agencies to build community capacity to support improvements in the quality of life, experiences and outcomes for people with dementia and their families and carers.
-  Focus impact evaluation on the outcomes for people with dementia and their families and carers.


Between 2013 and 2016 we will:


- ✿ Continue to develop embed and support infrastructures across the Social Services sector to facilitate the dissemination of education and training. This will include:
 - Development of a further 225 Social Services Dementia Ambassadors
 - Ongoing support and development of existing Social Services Dementia Champions and Ambassadors
 - Connection and shared learning opportunities between health and social services dementia champions, dementia ambassadors, and the staff already trained to deliver psychological approaches, and trainers in palliative and end of life care



Dementia Champions cohorts 2 & 3 graduating at Murrayfield on 2nd May 2013

- ✿ To further extend engagement with, and reach of educational resources and training to support health and social services workforce development across all levels of Promoting Excellence, targeting specific staff groups including medical staff and primary care teams.
- ✿ Work with the Care Inspectorate and Health Care Improvement Scotland, including the provision of education and training for Inspectors.

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- Continue to increase access to psychological interventions and therapies for people with dementia and their families and carers (including education and training for families/informal carers) with activities including:
- Establishing support, supervision and learning networks to enable existing psychological therapies training in 'Stress and Distress in Dementia' to be consolidated within NHS Boards and Social Services organisations to ensure future sustainability.
 - Further disseminate Training for Trainers in Stress in Distress in Dementia in 2015-16
 - Deliver further training in group based Cognitive Stimulation Therapy (CST), using a 'training for trainers' model and also develop, pilot and evaluate an additional CST 'Training for Trainers' programme, to equip health and social care staff to support carers in the delivery of individual CST
 - Develop educational resources to support staff, and families and carers, in supporting people with Fronto-temporal Dementia
 - Develop additional resources and training which will offer further education and support to staff, and people with dementia and their families/carers, at more advanced stages of the dementia journey

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- Continue to focus on education and training for the acute general hospital workforce, attending also to further infrastructure development and sustainability of the investment made to date.
- Another 100 dementia champions will complete their course in on the 10th of September 2013.
 - Prepare a further (cohort 5) health and social services dementia champions in 2014/15 focussed on community hospitals and associated community health and social services, including 'hospital at home' services and the Scottish Ambulance Service

✿ Undertake a range of activities to support work force development in mental health continuing care services.

✿ Further develop and disseminate education and training in Post Diagnostic Support based on the Alzheimer Scotland 5 pillar model to support implementation of the Post Diagnostic Support HEAT target.

✿ Undertake a range of activities to support health and social services workforce development to enhance personalised and evidence based community support for people at more advanced stages of their dementia journey, and their families and carers, based on the Alzheimer Scotland '8 Pillars Model'.

✿ Work with partners to develop of a future focussed and public facing digital platform, utilising technology to enhance information, education, self help and management for people with dementia, families and carers and the health and social services workforce.

New Dementia Educational Resources

The ACE-III Trainer

The ACE-III Trainer is an online training programme designed to help staff working at the Enhanced/Expertise Dementia Practice Level to develop cognitive assessment skills and to administer and score the ACE III reliably. It includes video clips of a health professional administering the ACE-III, as well as pre-diagnostic conversations with individuals, how to administer and score reliably, and how to give score feedback in the clinic. Video vignettes of case examples provide the opportunity for practice in live test scoring. A certificate stating your 'scoring accuracy' will be provided on completion of the ACE-III Trainer.

www.nes.scot.nhs.uk/psychology/ace-iii-trainer/

Dementia Informed Workshop Facilitator's Guide



This Dementia Informed Workshop Facilitator's Guide utilises the Informed About Dementia Improving Practice DVD. It is designed to take 2 hours and covers all the chapters of the DVD. However, this can be adapted to meet time, organisation and group needs.

http://www.nes.scot.nhs.uk/media/1963573/dementia_informed_workshop_interactive.pdf

You can find the DVD here

<http://www.nes.scot.nhs.uk/education-and-training/by-theme-initiative/mental-health-and-learning-disabilities/our-work/dementia/informed-about-dementia-dvd.aspx>

Forthcoming Events

Promoting Excellence in Dementia Education in Scotland

National Conference and Workshop.

18th September 2013

Stirling Management Centre

The Conference and Workshop aims to:

- Raise awareness among educationalists and trainers in Scotland's health and Social Services university and college Sectors about the key national imperatives and improvement programmes in place to improve the experience and outcomes of care and support for people with dementia and their families and carers.
- Enable the further development of cross sector education and training for Health and Social Services staff against the Promoting Excellence Framework.
- Share best practice in education and training aimed at improving the experience and outcomes of care and support for people with dementia and their families and carers.

Further details to follow or for more information contact Mental.Health@nes.scot.nhs.uk

Scotland's Dementia Awards Ceremony

19 September 2013

Hampden Park, Glasgow, G42 9BA

Scotland's Dementia Awards provide an opportunity for professionals and communities, who are committed to enhancing the health, well being and experience of people with dementia and their families, to have their work recognised and promoted.

The award scheme showcases the creativity, innovation and dedication that makes a real difference to the daily lives of people with dementia and their families. It aims to demonstrate clearly how, across Scotland, policy is being sustainably put into best shared practice.

For further event details and to download an awards ceremony booking form visit www.scotlandsdementiaawards.org.uk

Other Developments

Visit the Dementia MKN and Promoting Excellence Website



The Dementia Managed Knowledge Network (MKN) is an open, community site which contains pertinent information and links to raise awareness of the wide range of resources available.

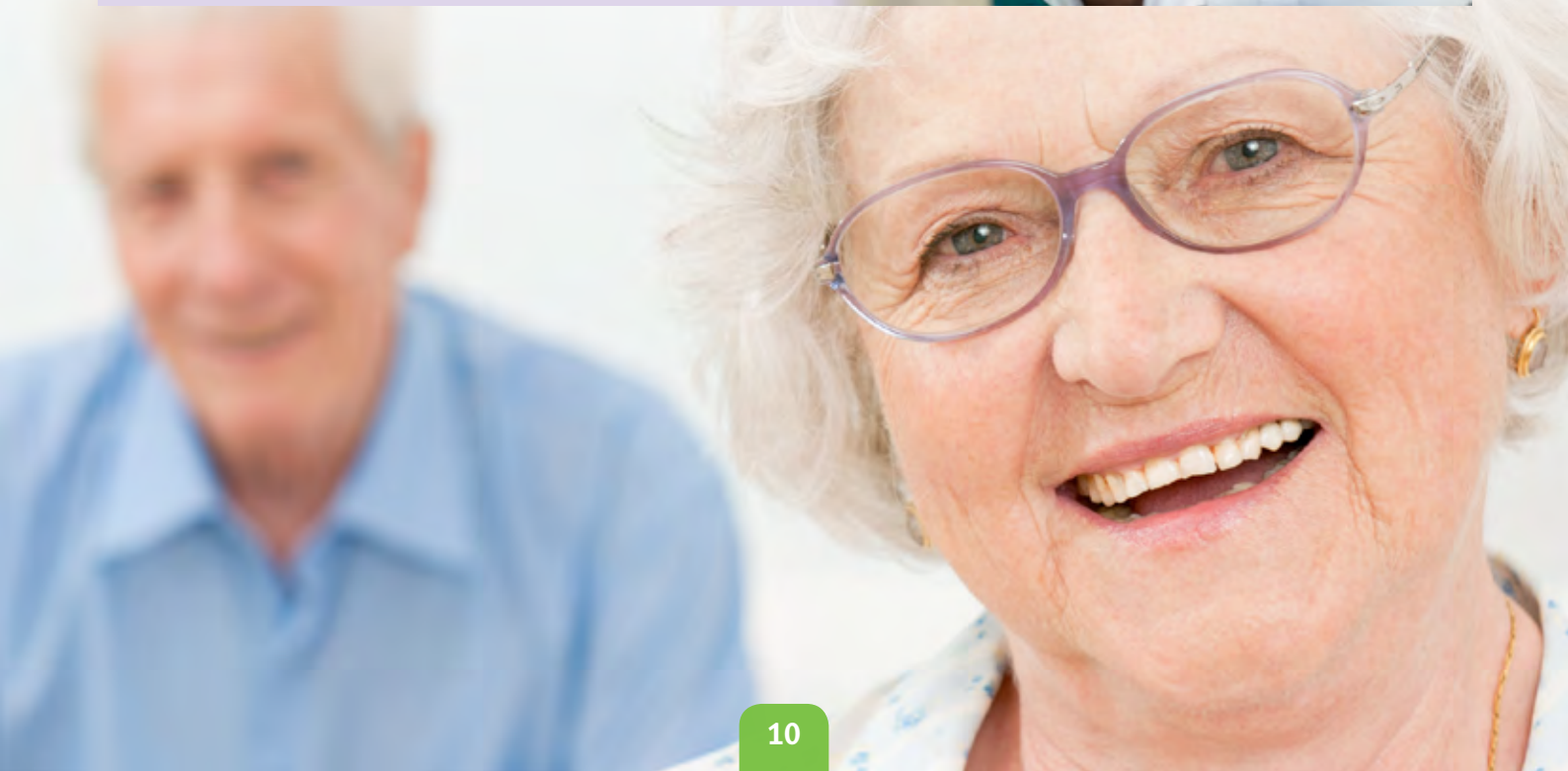
<http://www.knowledge.scot.nhs.uk/dementia.aspx>

The Promoting Excellence website provides the detail of the education framework and the education resources to support workforce development.

<http://www.knowledge.scot.nhs.uk/home/portals-and-topics/dementia-promoting-excellence.aspx>

Call for Dementia Ambassadors

Do you work in a social services setting, especially in care homes, care at home and adult day care settings? Are you passionate about providing better care and support for people with dementia, their families and carers? Do you want to contribute to improving the dementia knowledge and skills in the workforce? If so, then please join the growing group of Dementia Ambassadors across Scotland by contacting promotingexcellence@sssc.uk.com for more information.





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