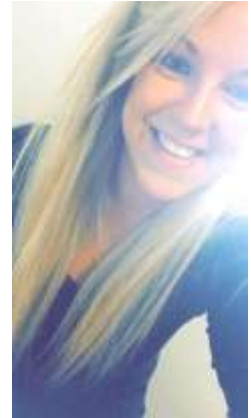


Care in Scotland it's life changing work

**Jozi Stables,
Support Team Manager**



**"it's heart-warming knowing
you can make a difference to
someone's day, even if you
don't know you have."**

Jozi works with Balhousie Care Group and has always had an interest in caring for people. Read her story here.

**What type of service
do you work in?**

I currently care for elderly people in a residential and nursing environment.

**Have you always
worked in social
services?**

Yes, I have worked in health and social care since the age of 15 where I started as a kitchen assistant in a care home.

**What made you
choose the career
you have now?**

When I was 15 I knew I wanted to be involved in working in care and I couldn't wait until I was old enough to do this. I have always had an interest in caring for people and being in a position where I can help people as much as possible.

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Can you tell us more about your job?

I currently work as a support team manager, this involves working closely with the general manager, staff and families to ensure we are providing the best possible service and ensuring all our residents are happy and satisfied with the level of care they receive.

Can you give an example of something that you are working on at the moment?

Personally – a management qualification.

Within the care home – intergenerational work with the local schools and nursery. Connecting with the community and working with different groups of people to see what we can work on together as a home and as a community.

Who else is in your team?

The general manager, team leaders, care assistants and domiciliary staff.

Do you work with other professionals in other sectors?


We work closely with NHS staff and social workers. This includes staff training, resident reviews, community network meetings and link work with the schools etc.


What part of your job motivates you and why?

My whole job role motivates me, I thoroughly enjoy what I do and I find it very rewarding and heart-warming knowing you can make a difference to someone's day, even if you don't know you have.

What are the best bits about your job?

It's hard to point out the best bits as there is so much to enjoy but to me getting to know residents and their life stories, knowing little important things about them that you can help them to continue to enjoy in a care home, hearing feedback from residents, their families and the community about how happy they are with the service we provide is what makes me love the job the most.





What are the challenges, good and not so good that you face in your job?

It is just natural that we all face challenges but I try to deal with them as positively as possible and we have to realise that sometimes there is nothing we can do about some situations but to move on from them.

In what way is your career in social services rewarding?

When your whole team are happy – that is when you know everyone is doing a good job.

Can you explain the skills and qualities you think are needed to do the role you're doing?

You need to be a caring natured person, you need to love the job and have a real passion for it. It is not something you can do half-heartedly. You need to want to have a positive influence in people's lives.

Has your job opened up new learning and development for you?

Definitely. Since starting in working in social care I have gained numerous work based and distance learning qualifications.

How do you see your career progressing?

To become a care home manager.

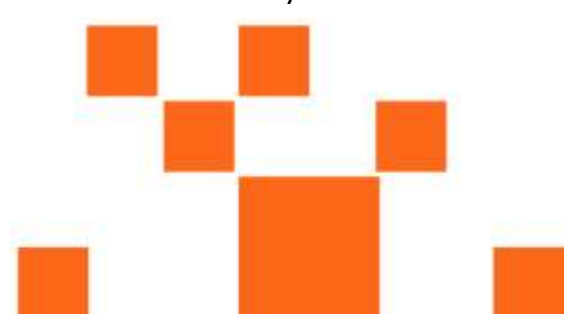
What would you say to someone thinking about a career in social services?

If you have a passion for the job then to definitely pursue it, there are so many opportunities to develop your skills and knowledge once you are in the role. The opportunities I have come across to develop have been countless and the support has been incredible. It is the most rewarding and satisfying job I could ever ask for.

Is a career in care the career for you?

Try our interactive resource, **A question of care: a career for you** to see what a career in care is like. At the end you'll receive a detailed personal profile that tells you if you've got what it takes to join us!

You can hear from people already working in social care, early years or social work as they talk about why they love their job and what a difference they make to someone's life. And find out about the many different types of jobs and areas you can work in.





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